

## POST MATCH RED CARD CHECK LIST:

Complete in changing room immediately after game. Just make notes to refresh your memory later  
Use this form and the IN MATCH CHECKLIST to capture all the information you will need to fill out an official report

NOTE: THIS IS ONLY AN AIDE-MEMOIRE, NOT THE OFFICIAL SENDING OFF REPORT  
You should not discuss the sending off or your intentions/report with any players/coaches/spectators  
If asked about it, simply state you will make a report and it will be dealt with through the proper channels.

**DATE:** .....

**OFFENDER DETAILS:**

Player Name: ..... Club.....No.....: Position.....

**MATCH DETAILS**

Home Team..... Away Team .....

Competition.....

Final Score.....

Was it videoed? Yes / No If yes so by whom? .....

AR's – who ran touch ? Club officials/LSRUR appointees?

Make a note of weather & ground conditions:

Describe the temper of the game & atmosphere. Players co-operative? Feisty? Niggle? Fast? Skilful? etc

Any other cards? Details of colour, reasons, offenders, time in match

**INCIDENT DETAILS:** Reason for card:

Describe events/play leading up to card – put the incident in context.

Describe the incident: - step by step sequence of events. Include shirt no's & colours of players involved. Note relevant details such as where a punch was aimed and where it connected, reactions of victims/teammates.

Details of injuries, if any, arising from the incident: Note player numbers and teams

If the offence was abuse – details of words used/type of violence. Note who it was aimed at, and the effect it had.

Did the offender show contrition/apologise?

### NEXT STEPS:

1. As soon as you can, **Contact the LSRUR secretary** to inform him that you have sent someone off. John Hill: 07725 006256. **You must do so on the day of the match** – leave a message if need be.
2. **Within 48 hours you must complete the RED CARD REPORT** as found on the LSRUR website and send it to the LSRUR Secretary. [johnhill01@sky.com](mailto:johnhill01@sky.com) Use these notes made on match day to complete the report.
3. Make the report clear, comprehensive and accurate. State facts not opinions. Make sure you describe exactly what happened and identify clearly all involved. If you are not sure, then do not guess or present it as fact. State exactly what you are sure of and if you suspect something but cannot be certain, state your grounds for suspicion and let the panel decide on the facts.
4. Be prepared to offer evidence to the LRU disciplinary panel if requested. You will be contacted in good time if this is deemed necessary.